

wendyculver.com



Wendy Culver

SPEAKER, AUTHOR, COACH

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about

For over 30 years, Wendy Culver has been a successful entrepreneur with a passion for empowering women to navigate the transitions of midlife with grace and strength. As a dynamic speaker, author, and coach, Wendy helps women reconnect with their inner purpose, regain confidence, and create a balanced life full of joy and intention. Through her unique blend of personal experience and professional expertise, Wendy delivers transformational insights that inspire women to flourish in all aspects of their lives—personally, professionally, and emotionally.

Wendy has faced the challenges of midlife, collected valuable resources, and emerged stronger on the other side. Her approach goes beyond traditional coaching, focusing on holistic transformation that nurtures mind, body, and spirit. Wendy's ability to deeply connect with her clients, offering a balance of empathy and empowerment, makes her a true catalyst for change. When you work with Wendy, you're not just setting goals—you're rewriting your story.

work with Wendy



Speaking



Coaching



Workshops

personalized guidance & interactive learning

Wendy's one-on-one coaching sessions offer a highly personalized approach to help you navigate the unique challenges and opportunities of midlife. Wendy will work with you to identify your goals, overcome obstacles, and create a customized plan for growth—both personally and professionally. Whether you're looking to redefine your career, improve your well-being, or find a new purpose, Wendy's holistic coaching provides the support, clarity, and accountability you need to succeed.

Whether it's a half-day session or a multi-day retreat, these immersive, hands-on experiences are designed to foster growth and transformation for your team or organization. Wendy's workshops spark lasting change by combining practical exercises with insightful discussions on personal development, resilience, and navigating change, leaving attendees with actionable strategies to implement in their daily lives. Interested in bringing a workshop to your team or community? Reach out today!

Start your transformative journey today!

 wendyculver25@gmail.com